

**KEY:**

AR- Activity Room  
 CR- Conference Room  
 Delta AR Activities

Alpha Solarium Activities  
 Bravo Solarium Activities  
 Charlie Solarium Activities

Outings (off OVHL campus)  
 One on Ones

# October OVHL 2024 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar may change due to weather, volunteer and Veteran request/needs. Contact Recreation with concerns.</p> <p><b><u>R.E.D Friday:</u></b> Remember Everyone Deployed by wearing RED</p>	<p>Recreation Director Bess Nichols</p> <p><b><u>Email:</u></b> <a href="mailto:bess.nichols@ovhlebanon.org">bess.nichols@ovhlebanon.org</a></p> <p><b><u>Phone/Text:</u></b> 541-409-6569</p> <p><b>*Contact Bess for Non-Medical Transports via phone/text/in person*</b></p>	<p>1 Avery in late 1000 1000 Alpha Lunch at Lok Yaun (Eugene)</p> <p>1030 Trivia 1030 Cookies and Coffee PM Alpha 1:1s 1330 Painting 1400 Mexican Train</p> <p>1500 Book Club 1600 Boxing w/Megan</p>	<p>2 1000 Coffee with a Cop in the AR 1000 Poker Group w/Aylisha</p> <p>1300 Projected Events 1330 Projected Events 1400 Projected Events</p> <p>1430 Mexican Train</p> <p>PM Video Calls</p>	<p>3 1000 Bingo- AR</p> <p>1400 Happy Hour in the AR</p> <p>PM Video Calls</p>	<p>4 R.E.D. Friday</p> <p>1100 Food Sub Committee Mtg AR</p> <p>1100 Sweet Home Elks Lodge Lunch</p> <p>1400 Bad Motor Scooter Band in the AR</p> <p>PM Video Calls</p>	<p>5 1000 Beading with Leonard</p> <p>1300 OSU vs. Colorado w/Aylisha and Avery</p> <p>PM Video Calls</p>
<p>6 1000 Sunday Football in the AR</p> <p>1300 Chair Yoga</p> <p>1400 Bingo in the AR</p> <p>1545 Church Serv. CH 2500</p> <p>PM Video Calls</p>	<p>7 1030 Jeopardy in A1 0900 Bravo Walmart 1300 Pinochle PM Bravo 1:1s</p> <p>1400 Church in the AR 1445 Chair Yoga 1530 Music with Barbara Cecil in the AR</p> <p>PM Video Calls</p>	<p>8 1030 Moving to Music/Meditation 1030 Name That Tune 1030 Root Beer Float and Trivia 1400 All Staff PM Alpha 1:1s 1500 Book Club 1500 Mexican Train 1600 Boxing w/Megan</p> <p>PM Video Calls</p>	<p>9 0900 Charlie Walmart 1000 Poker Group w/Avery</p> <p>1330 Pumpkin Decorating w/Jax and Calvin 1400 Uno 1400 Needle Punch Art</p> <p>PM Video Calls</p>	<p>10 0900 Alpha Kohls/Winco</p> <p>1000 NO LIMIT Bingo- AR</p> <p>1400 Happy Hour/ Birthday Celebration in the AR</p> <p>PM Video Calls</p>	<p>11 R.E.D. Friday 1000 Charlie Country Drive 1000 Texas Holdem' w/Jax</p> <p>1300 Cider and Fire with Pioneer at the Firepit</p> <p>1500 Landscape Model PM Charlie 1:1s PM Video Calls</p>	<p>12 1000 Beading with Leonard 1045 Moving to Music 1300 Catholic Services on Ch 2500 1400 Painting</p> <p>PM Video Calls</p>

<p><b>13</b> AM Avery in Delta</p> <p><b>1300 Chair Yoga</b></p> <p><b>1400 Bingo in the AR</b></p> <p>1545 Church Serv. CH 2500</p> <p>PM Video Calls</p>	<p><b>14 Jax Off</b> <b>1000 Donut Social with OR St. Credit Union in the AR</b> <b>1300 Pinochle</b> <b>1300 Alpha Shooting at the Range w/Janice</b> PM Bravo 1:1s <b>1400 Church in the AR</b> <b>1445 Chair Yoga</b></p>	<p><b>15 Jax Off</b> <b>1030 Moving to Music/Meditation</b> <b>1030 Trivia</b> <b>1030 Donuts and Coffee Social</b> <b>1300 Resident Council in the AR</b> <b>1400 Mexican Train</b> <b>1500 Book Club</b> <b>1500 Shootin' Hoops</b> <b>1600 Boxing w/Megan</b></p>	<p><b>16 Jax Off</b> <b>1000 Poker Group w/Janice</b> <b>1030 Bravo Lunch</b> <b>1045 Moving to Music</b> <b>1400 Yahtzee</b> <b>1400 Rootbeer Float Social</b> <b>1500 Bowling</b> PM Video Calls</p>	<p><b>17 Jax Off</b> <b>1000 Bingo- AR</b> <b>1400 Happy Hour in the AR</b> PM Video Calls</p>	<p><b>18 R.E.D. Friday Jax Off</b> <b>1000 Texas Holdem' w/Janice</b> <b>1030 Charlie Lunch</b> <b>1430 Arts and Crafts</b> PM Charlie 1:1s PM Alpha 1:1s</p>	<p><b>19</b> <b>1000 Beading with Leonard</b> <b>1045 Moving to Music</b> 1300 Catholic Services on Ch 2500 <b>1400 Painting</b> PM Video Calls</p>
<p><b>20</b> AM Avery in Delta</p> <p><b>1300 Chair Yoga</b></p> <p><b>1400 Bingo in the AR</b></p> <p>1545 Church Serv. CH 2500</p> <p>PM Video Calls</p>	<p><b>21 Jax Off</b> <b>1030 Jeopardy in A1</b> <b>1030 Balloon Bop</b> <b>1300 Pinochle</b> <b>1300 Baking in A3</b> <b>1300 Bravo Fred Meyer</b> <b>1400 Church in the AR</b> <b>1445 Chair Yoga</b> PM Video Calls</p>	<p><b>22 Jax Off</b> <b>1030 Moving to Music/Meditation</b> <b>1030 Pastry Social</b> <b>1030 Name That Tune</b> <b>1300 Charlie Fred Meyer</b> <b>1330 Painting</b> <b>1500 Book Club</b> <b>1500 Music with Ray</b> <b>1600 Boxing w/Megan</b></p>	<p><b>23 Jax Off</b> AM Pet Therapy <b>0900 Kolache Social</b> <b>1000 Poker Group w/Avery</b> <b>1030 Moving to Music/Meditation</b> <b>1045 Moving to Music</b> <b>1300 Alpha Wal Mart Lebanon w/Janice</b> <b>1400 Pumpkin Decorating</b> <b>1400 Uno</b></p>	<p><b>24 Jax Off</b> <b>1000 NO LIMIT Bingo- AR</b> <b>1400 Sewing Guild</b> <b>1400 Happy Hour in the AR</b> PM Video Calls</p>	<p><b>25 R.E.D. Friday Jax Off</b> <b>1000 Texas Holdem' W/Janice</b> <b>1030 Pool</b> <b>1400 Classical Dance Troupe of India in the AR</b> PM Charlie 1:1s PM Video Calls</p>	<p><b>26</b> <b>1000 Beading with Leonard</b> <b>1045 Moving to Music</b> 1300 Catholic Services on Ch 2500 <b>1400-1600 Community Trunk or Treat in the Front Parking Lot</b> PM Video Calls</p>
<p><b>27</b></p> <p><b>1000 Bravo A&amp;W Country Drive</b></p> <p><b>1300 Chair Yoga</b></p> <p><b>1400 Bingo in the AR</b></p> <p>1545 Church Serv. CH 2500</p> <p>PM Video Calls</p>	<p><b>28 Hawaiian Day</b> <b>1030 Jeopardy in A1</b> <b>1030 Balloon Bop</b> <b>1300 Scrabble</b> <b>1300 Pinochle</b> <b>1300 Bravo Shooting at the Range</b> <b>1400 Church in the AR</b> <b>1445 Chair Yoga</b> PM Alpha 1:1s PM Video Calls</p>	<p><b>29 Favorite Animal Day</b> <b>1030 Moving to Music/Meditation</b> <b>1030 Trivia</b> <b>1030 Cookies and Coffee Social</b> <b>1330 Painting</b> <b>1400 Landscape Model</b> <b>1500 Book Club</b> <b>1400 Mexican Train</b></p>	<p><b>30 Sports Day</b> <b>0800 Spirit Mountain Casino Avery &amp; Jax</b> <b>1000 Poker Group w/Janice</b> <b>1045 Moving to Music</b> <b>1400 Yahtzee</b> PM Video Calls</p>	<p><b>31 Happy Halloween- Dress up in your favorite costume</b> <b>1000 Bingo- AR</b> <b>1300 Pioneer Costume Parade AR Patio</b> <b>1500 Happy Hour in the AR</b> PM Video Calls</p>	<p><b>Happy Birthday</b> <b>10/6 Danny O.</b> <b>10/11 Randy S.</b> <b>10/14 Don A.</b> <b>10/22 Paul D.</b> <b>10/22 Brian F.</b> <b>10/22 Chuck S.</b> <b>10/26 Norman H.</b> <b>10/27 David M.</b> <b>10/29 Sam S.</b> <b>10/30 Arturo G.</b></p>	<p><b>Alpha:</b> <a href="mailto:Jacqui.wells@vhlebanon.org">Jacqui.wells@vhlebanon.org</a> or ext. 5553 Tu-Sa</p> <p><b>Bravo:</b> <a href="mailto:Bess.Nichols@ovhlebanon.org">Bess.Nichols@ovhlebanon.org</a> M-F, or ext. 5555 for Avery S. Su-Wed</p> <p><b>Charlie:</b> <a href="mailto:Aylisha.Nickeson@ovhlebanon.org">Aylisha.Nickeson@ovhlebanon.org</a> or ext. 5556 Tu-Sa</p> <p><b>Delta:</b> <a href="mailto:Madeline.Neilson@ovhlebanon.org">Madeline.Neilson@ovhlebanon.org</a> or ext. 5113 M-F</p>